



212.366.4787 | www.beautyfixmedspa.com

TRUSCULPT ID PRE- AND POST-CARE GUIDE

PRE-TREATMENT INSTRUCTIONS

Be aware that hair in the treatment/gel pad area may need to be shaved prior to treatment.

Hydrate well for at least **24 hours** prior to treatment.

Notify BeautyFix of any changes to your health history or changes in medication since your last appointment.

POST-TREATMENT INSTRUCTIONS

Tenderness, redness and swelling may occur and resolve within **24 hours**.

Do not apply any creams, lotions, gels etc over the area treated or the site where the sticky return pad was placed for **24 hours** as they may lead to skin irritations.

Avoid sun exposure, saunas or solariums for **48 hours** after treatment.

Apply a 30+ or 50+ sunscreen to the areas treated for **3-5 days** if exposed to sunlight.

You can return to normal activities including fitness programs **immediately** after the treatment. It is beneficial to participate in some form of exercise within the first **72 hours** after the treatment to aid the reabsorption of damaged fat cells and their subsequent elimination from the body.

We want you to have a safe and exceptional experience at BeautyFix!

If you experience discomfort within 12 hours post-treatment, please call BeautyFix at 212-366-4787 or email us at customercare@beautyfixmedspa.com with your concerns.