



212.366.4787 | www.beautyfixmedspa.com

WRINKLEFIX: TOXIN
(BOTOX®, DYSPORT, XEOMIN, AND DAXXIFY™ INJECTABLES)
PRE- AND POST-CARE GUIDE

PRE-TREATMENT INSTRUCTIONS

Inform your BeautyFix provider if you've received any type of botulinum toxin injections within the past **4 months**, as well as if you take pain relievers, blood thinners, aspirin, anti-inflammatories (NSAIDS), steroids, muscle relaxants, sleeping aids or allergy medications.

There are two forms of botulinum neurotoxin: Botulinum neurotoxin type A (trade names Botox®, Dysport, Xeomin and DAXXIFY™) and botulinum neurotoxin type B (trade names Myobloc and Neurobloc). BeautyFix offers type A neurotoxins.

POST-TREATMENT INSTRUCTIONS

Remain in an upright position for **4 hours**.

Do not lie flat or rub/scrub the area for 4 hours after injections.

No massaging of the treated area for **1-3 hours** - this can cause the toxin to migrate to a different area.

Emote the treated area (wrinkle the forehead, smile, frown, etc.) every so often for **1-3 hours** after treatment - this will help with the uptake of the toxin.

Do not exercise for **24 hours** post-treatment.

Do not take aspirin or ibuprofen for **24 hours** - this includes Advil, Motrin, Aleve, Naproxen, and/or Bayer Baby Aspirin. You may take Tylenol for any headaches or discomfort.

Mild bruising can sometimes be seen after the procedure. Arnica is a homeopathic treatment that has great results on post-treatment bruising and discomfort. Arnica capsules are available for sale at all BeautyFix clinics.



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NEXT STEPS

Be aware that it will take **10-14 days** for the full effect to be achieved. Although many patients note some changes within a few days, you must wait **2 weeks** to see the full effects of your treatment. Consider re-treating areas in 3-6 months as movement returns to the treated area.

Some patients find that once wrinkles have been diminished in one area, wrinkles in other areas of the face may become more pronounced. If you would like to consider treatment in another area, please call us for a follow-up appointment to discuss additional treatment options.

We want you to have a safe and exceptional experience at BeautyFix!

If you experience discomfort within 12 hours post-treatment, please call BeautyFix at 212-366-4787 or email us at customercare@beautyfixmedspa.com with your concerns.