



212.366.4787 | www.beautyfixmedspa.com

VENUS PRE- AND POST-CARE GUIDE

PRE-TREATMENT INSTRUCTIONS

Absolute contraindications for Venus treatment include the presence of a pacemaker or defibrillator. If you have a pacemaker or defibrillator you are *not* a candidate for Venus.

To maximize hydration and avoid dehydration, avoid strenuous exercise, sweating, hot baths, saunas and steam rooms for **2 days** prior to treatment.

All metal containing objects, including all jewelry and clothing such as belts, must be removed.

All other radiofrequency devices, including iPods, iPads, and cell phones must be turned off prior to treatment.

Area to be treated must be clean, and free of any lotion, products, and sunscreen.

If there is coarse hair in the treatment area (beards, legs, etc.), this hair must be clean-shaven prior to treatment.

Accutane and any other medication that thins the skin should be discontinued for a period of at least **6 months** prior to receiving treatment and should not be used during your course of treatment.

Notify the provider of any tattoos, including cosmetic tattooing, in the vicinity of the area to be treated as tattoos must be avoided.

POST-TREATMENT INSTRUCTIONS

We recommend that you stay well-hydrated by drinking two glasses of water **immediately** after each treatment.

To ensure continued hydration following the treatment, for the next **3 days**, drink 8-10 glasses of water per day.

For **3 days** post-treatment, avoid alcohol consumption and avoid activities that induce excessive sweating such as strenuous exercise, hot baths, steam rooms and saunas.

We want you to have a safe and exceptional experience at BeautyFix!

If you experience discomfort within 12 hours post-treatment, please call BeautyFix at 212-366-4787 or email us at customercare@beautyfixmedspa.com with your concerns.