



212.366.4787 | www.beautyfixmedspa.com

V-FIX

PRE- AND POST-CARE GUIDE

PRE-TREATMENT INSTRUCTIONS

For **1 week** prior to treatment, ensure proper hydration.

You should not be actively menstruating at the time of treatment.

The treatment area should be fully shaved.

Avoid tanning beds and/or self-tanners for **4 weeks** prior to treatment.

Avoid aspirin, Motrin and Ibuprofen for **1 week** prior to your treatment.

If you have had herpes and/or cold sores in the past, please receive antiviral treatment prior to the procedure.

Avoid alcohol for **2 days** prior to treatment.

POST-TREATMENT INSTRUCTIONS

You may notice light spotting, mild burning, itching, swelling or mild cramping for a few days.

Do not have intercourse for **1 week**, and do not insert tampons or anything else into the vagina for **1 week**.

Do not use a douche, cleanser, suppositories, or any other products in the vagina for **1 week**.

Avoid baths or swimming, tanning beds and/or self-tanners and heavy exercise for **1 week** after treatment.

NEXT STEPS

Be aware that it will take **10-14 days** for the full effect to be achieved. Although many patients note some changes within a few days, you must wait **2 weeks** to see the full effects of your treatment. Consider re-treating areas in 3-6 months as movement returns to the treated area.



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Some patients find that once wrinkles have been diminished in one area, wrinkles in other areas of the face may become more pronounced. If you would like to consider treatment in another area, please call us for a follow-up appointment to discuss additional treatment options.

We want you to have a safe and exceptional experience at BeautyFix!

If you experience discomfort within 12 hours post-treatment, please call BeautyFix at 212-366-4787 or email us at customercare@beautyfixmedspa.com with your concerns.