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SKINFIX: HYDRAFACIAL PRE- AND POST-CARE GUIDE

PRE-TREATMENT INSTRUCTIONS

Prior to receiving a HydraFacial, avoid excess sun exposure, including tanning beds for **1 week** before treatment.

Do not use any type of exfoliants **2 days** before treatment and refrain from any chemical peels or lasers for **2 weeks** prior.

Discontinue use of Tretinoin type products (Renova, Tretinoin, Retin A, Retin A Micro, Tri-Luma, Solage, etc.) and Hydroquinone at least **2 days** before treatment.

Wait at least **2 weeks** after Botox and filler treatments to receive a HydraFacial treatment. Botox and filler can be done on the same day, but must be done *after* a HydraFacial treatment.

WHAT TO EXPECT DURING TREATMENT

There are three steps to a HydraFacial treatment: cleansing and peeling, extracting and hydrating, and infusing and protecting. HydraFacial uses an exfoliating tip paired with suction to remove dead skin cells from the surface of the face, and then serums are infused into the skin.

There is no downtime.

POST-TREATMENT INSTRUCTIONS

Avoid any exfoliation to the area for **48 hours** post-treatment.

To keep the area clean, avoid heat sources, including hot showers, saunas, and cardio workouts that may produce sweat for **24 hours**.

Avoid unprotected sun exposure and/or use of tanning beds for at least **3 days**.

Use sunscreen with SPF 30 or higher daily for **3-5 days** post-treatment.

Makeup may be applied **the day after** treatment.

We want you to have a safe and exceptional experience at BeautyFix!

If you experience discomfort within 12 hours post-treatment, please call BeautyFix at 212-366-4787 or email us at customercare@beautyfixmedspa.com with your concerns.