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RADIESSE BUTT LIFT PRE- AND POST-CARE GUIDE

PRE-TREATMENT INSTRUCTIONS

Do not drink alcoholic beverages **24 hours** before (or after) your treatment.

You may take Arnica tablets **2-3 days** prior to your injection to reduce the risk of bruising. Arnica is available for sale at all BeautyFix clinics.

Do not apply products that are potentially irritating for **2 -3 days** before and after treatment (e.g., Tretinoin/Retin-A, Glycolic Acid, Benzoyl Peroxide, Hydroquinone, etc.)

Inform your BeautyFix provider if you have a history of cold sores to receive advice on antiviral therapy prior to treatment.

To reduce the risk of bruising, please note the items on this list and discontinue at least **3-7 days** before your appointment for injections: Aspirin/Baby Aspirin, Ibuprofen (Motrin, Advil, Aleve), St. John's Wort, Omega-3 fatty acids/Fish Oil, Vitamin E, Ginger, Ginkgo Biloba, and Ginseng.

PLEASE NOTE: If you have been prescribed Aspirin or any other prescription blood thinners, do not discontinue unless permitted by your prescribing physician.

POST-TREATMENT INSTRUCTIONS

You may experience some pain, swelling and bruising around the injection site for a **few days** after your treatment.

To minimize side effects, we recommend avoiding certain supplements and medications that are known blood thinners — like aspirin or fish oil — as well as avoiding alcohol for at least **24-48 hours** after your treatment.

Avoid strenuous exercise for **24 hours** to reduce the potential for bruising. You may resume other normal activities/routines immediately.

We want you to have a safe and exceptional experience at BeautyFix!

If you experience discomfort within 12 hours post-treatment, please call BeautyFix at 212-366-4787 or email us at customercare@beautyfixmedspa.com with your concerns.