



212.366.4787 | www.beautyfixmedspa.com

LASER GENESIS PRE- AND POST-CARE GUIDE

PRE-TREATMENT INSTRUCTIONS

Do not wear any makeup to your appointment (or be prepared to remove it). Thoroughly washing and drying the skin to remove any makeup, lotion, or sunscreen is required.

Avoid active sun exposure and tanning beds for approximately **2 weeks** prior to the treatment. Use a broad-spectrum SPF 30+ if the treatment area is exposed to UVA and UVB rays.

Avoid the use of topical self-tanners in the treatment area for approximately **2 weeks** prior to treatment.

Discontinue the use of Retinoid medication (Retinol, Tretinoin, Retin-A, Atralin, Adapalene, Differin, Tazarotene, Tazorac, etc.) and OTC anti-aging products containing Retinol, Retinaldehyde, or Vitamin A for **1 week** prior to treatment.

Discontinue the use of Hydroquinone products **2-3 days** prior to treatment.

Discontinue the use of topical exfoliating agents (Glycolics, Alpha or Beta-Hydroxy Acids) for **2-3 days** prior to treatment.

Avoid, if possible, Ibuprofen and non-steroidal anti-inflammatories (NSAIDs) for **3 days** prior to treatment.

If you have a history of cold sores, begin prophylactic treatment with Valtrex or similar medication **no later than 24 hours** prior to treatment.

Longevity of wrinkle relaxers and dermal fillers done any time **within 6 months** prior to your facial treatment may be affected. Wrinkle relaxers and/or fillers **within 2 weeks** prior to your treatment is not recommended.

POST-TREATMENT INSTRUCTIONS

You may experience a sunburned sensation immediately following treatment. Although rare, some light swelling is possible.

Use a broad-spectrum SPF 30+ containing UVA/UVB protection with sun blockers such as zinc oxide or titanium dioxide on the treated area daily if exposed to the sun.



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You may generally resume normal skin care regimen after **3 days** following treatment, or sooner if advised by your provider.

Make-up may be applied **the day after** your treatment.

If you experience a burn, gently cleanse the area and use hydrocortisone cream on the area several times a day for the next week. If the mark opens, also use antibiotic ointment over the hydrocortisone cream. Please notify us immediately of any burns you experience.

We want you to have a safe and exceptional experience at BeautyFix!

If you experience discomfort within 12 hours post-treatment, please call BeautyFix at 212-366-4787 or email us at customercare@beautyfixmedspa.com with your concerns.