



212.366.4787 | www.beautyfixmedspa.com

BUTT VACUUM THERAPY PRE- AND POST-CARE GUIDE

PRE-TREATMENT INSTRUCTIONS

It is recommended that you do not shave or exfoliate the treatment area **24-48 hours** prior to treatment in order to avoid discomfort or irritation.

Stay well hydrated for **24 hours** prior to treatment.

POST-TREATMENT INSTRUCTIONS

There is no downtime for this treatment and results will be seen immediately.

While not necessary, it can be helpful to massage the area **once a day**.

Avoid alcohol, caffeine, and sitting for long periods of time for **24 hours** after treatment.

Patients with sensitive skin may experience slight bruising, redness or tingling after treatment. This is normal and will dissipate.

We want you to have a safe and exceptional experience at BeautyFix!

If you experience discomfort within 12 hours post-treatment, please call BeautyFix at 212-366-4787 or email us at customercare@beautyfixmedspa.com with your concerns.